

Monday



Double Stuffed Manicotti & Spaghetti Sauce **6**
w/ WG Garlic Toast
Peas & Carrots
Cauliflower Florets/Low Fat Dressing
Applesauce or Orange
Low Fat or Nonfat Milk

Tuesday



Tangerine Chicken on WG Burger Bun **7**
Seasoned Fries
Broccoli Florets
Diced Peaches or Fresh Pear
Low Fat or Nonfat Milk

Wednesday

Cheese Quesadilla & Salsa **1**
Steamed Corn
Baby Carrots/Low Fat Dressing
Mandarin Oranges/Sliced Apples
Low Fat or Nonfat Milk

Sloppy Joe on WG Bun **8**
Baked Beans
Baby Carrots/Low Fat Dressing
Mandarin Oranges/Sliced Apples
Low Fat or Nonfat Milk

Thursday

Gold Creek **2**
Chicken Leg & WG Bread Stick
Baked Emoji Fries
Romaine Salad/Low Fat Dressing
Diced Peas or Fresh Apple
Low Fat or Nonfat Milk

Cavatappi & Cheese **9**
WG Garlic Knot
Seasoned Broccoli
Romaine Salad/Low Fat Dressing
Diced Peas or Fresh Apple
Low Fat or Nonfat Milk

Friday

Cheese Pizza **3**
Diced Carrots
Cucumber Slices/Low Fat Dressing
Choice Canned Fruit or Banana
Low Fat or Nonfat Milk

Pizza Burger **10**
Green Beans or Fresh Pepper Strips
Choice Canned Fruit or Banana
Low Fat or Nonfat Milk



13
No School!

Nachos Grande w/Seasoned Beef **14**
Refried Pinto Beans
Cherry Tomatoes/Low Fat Dressing
Diced Peaches or Fresh Pear
Low Fat or Nonfat Milk

Pierogies **15**
WG Mozzarella Bread Stick
Sweet Peas
Baby Carrots/Low Fat Dressing
Mandarin Oranges/Sliced Apples
Low Fat or Nonfat Milk

Popcorn Chicken Bowl **16**
WG Dinner Roll
Whipped Potatoes or Steamed Corn
Romaine Salad/Low Fat Dressing
Diced Peas or Fresh Apple
Low Fat or Nonfat Milk

Fish Sticks & WG Dinner Roll **17**
Diced Carrots
Creamy Coleslaw
Choice Canned Fruit or Banana
Low Fat or Nonfat Milk



20
Grilled Chicken on WG Bun
Crispy Tater Tots
Cauliflower Florets/Low Fat Dressing
Apple Sauce or Orange
Low Fat or Nonfat Milk

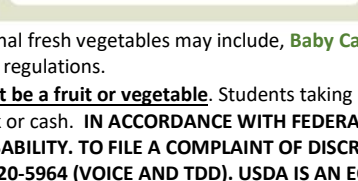
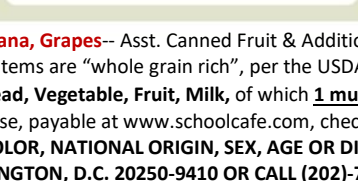
BBQ Pulled Pork & Cheddar Soft Tacos **21**
Crinkle Cut Fries or Broccoli Florets
Diced Peaches or Fresh Pear
Low Fat or Nonfat Milk

Pizza Crunchers & Marinara Sauce **22**
Green Beans or Baby Carrots/Low Fat Dressing
Mandarin Oranges/Sliced Apples
Low Fat or Nonfat Milk

Manager's Choice Mixed Vegetables **23**
Romaine Salad/Low Fat Dressing
Diced Peas or Fresh Apple
Low Fat or Nonfat Milk

MEMORIAL DAY BBQ MENU **24**
Hamburger or Hot Dog on Bun
Corn "off" the Cob
Baked Beans or Fresh Pepper Strips
Choice Canned Fruit or Banana
Low Fat or Nonfat Milk

Turkey w/WG Dinner Roll **28**
Whipped Potatoes & Gravy
Broccoli Florets/Low Fat Dressing
Diced Peaches or Fresh Pear
Low Fat or Nonfat Milk



Fresh fruits & vegetables may include: (Take up to 2 fruits & 2 vegetables) **Apple, Orange, Banana, Grapes**-- Asst. Canned Fruit & Additional fresh vegetables may include, **Baby Carrots, Broccoli, Chick Peas, Grape Tomatoes, Romaine Salad, Cucumber Slices, Celery Sticks & Cauliflower** * **Grain/Breads**: Half of all grain items are "whole grain rich", per the USDA regulations.

To qualify as a free lunch, **students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk**, of which **1 must be a fruit or vegetable**. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, payable at www.schoolcafe.com, check or cash. **IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202)-720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**